

## Registration Form

### Marking the Transitions

October 8, 2010

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone (day) (\_\_\_\_) \_\_\_\_\_

Phone (eve.) (\_\_\_\_) \_\_\_\_\_

### Postmarked on or before Oct. 1, 2010

**Current** MCDES Members:

\$100 per person     \$80 students/adults over 55

**Non-MCDES** Members \*\*

\$125 per person     \$100 students/adults over 55

### Postmarked after Oct. 1, 2010

**Current** MCDES Members:

\$120 per person     \$100 students/adults over 55

**Non-MCDES** Members \*\*

\$145 per person     \$120 students/adults over 55

\*\*This fee provides you with a one-year MCDES membership **ONLY IF** you check the box below.

Yes, I would like to be a MCDES member.

I prefer a vegetarian meal.     Yes     No

Total amount enclosed with this registration: \$ \_\_\_\_\_

Make checks payable to "MCDES" and send with registration form to: **Verla Johansson—MCDES**

29937 S. Nicaboyme Lake Rd, Webb Lake, WI 54830.

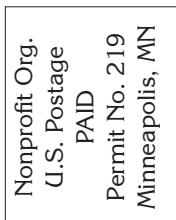
Credit Cards Not Accepted. No confirmations sent.

Questions: 715-259-3219 or verla@umn.edu

("MCDES" in subject line, please)

Form may be photocopied for others to register. This brochure is also available at the MCDES website: [www.mcdes.org](http://www.mcdes.org).

**Cancellations/Refunds:** Full refund less a \$25 processing fee provided you cancel 72 hours prior to the date of the program. Fee is nonrefundable after Oct. 5. If you fail to attend without canceling, you will be assessed the full program fee. You may transfer your registration to another person without charge at any time.



Minnesota Coalition for  
Death Education and Support  
P.O. Box 50651  
Minneapolis, MN 55405

October 8, 2010  
MCDES Fall Conference

Marking the Transitions:  
Living, Dying, Death  
and Bereavement

A special program with



**Evan Imber-Black, Ph.D.**

Therapist, educator, researcher, author  
Director, The Center for Families and Health  
Faculty, The Ackerman Institute for the Family in New York City

Marking the Transitions:  
Living, Dying, Death and Bereavement

October 8, 2010  
8:30 a.m. to 4 p.m.

**Crowne Plaza Minneapolis North**

2200 Freeway Blvd., Brooklyn Center  
(694 and Shingle Creek Parkway)

763-566-8000 or [www.minneapolisnorthhotel.com](http://www.minneapolisnorthhotel.com)



sponsored by  
**MCDES**  
Minnesota Coalition for  
Death Education and Support  
[www.mcdes.org](http://www.mcdes.org)

## About the Program

This workshop will focus on working with couples and families experiencing chronic or life-shortening illness, dying, death and bereavement. A particular emphasis will be on rites of passage and rituals useful in the living, dying, and death processes. Participants will learn the elements of rituals, including daily rituals; family traditions and holiday celebrations, both religious and secular; life cycle rites of passage; and therapeutically designed rituals. In addition, the purposes of ritual, including relationship building, healing, belief expression and negotiation, identity expression, and affirmation and celebration of life will be addressed. And, registrants will look at how traditions and rituals are impacted and can be interrupted by serious illness.

**Evan Imber-Black, PhD**, is the Director of the Center for Families and Health, which delivers training, consultation and systemic therapy for families who have one or more members with a chronic or life-threatening illness. She is also a faculty member at the Ackerman Institute for the Family in New York City and a Professor in the Department of Psychiatry at the Albert Einstein College of Medicine in the Bronx. She is the editor of *Family Process*, the major scholarly journal in family systems research and family therapy.

Before coming to New York, Dr. Imber-Black was the Director of Training at the Family Therapy Program in the Department of Psychiatry at the University of Calgary, and Director of the Family Therapy Training Program in the School of Education at the University of Massachusetts. She is a past-president of the American Family Therapy Academy; a recipient of the 1990 American Family Therapy Academy Award for Distinguished Contribution to Family Therapy Theory and Practice; and the 1999 recipient of the American Association for Marriage and Family Therapy Cumulative Contribution to Marriage and Family Therapy. Throughout her internationally recognized career, Evan Imber-Black has made major contributions in thematic areas that

cut across different models of practice, including Families and Larger Systems, Family Rituals and Family Secrets. She is the author of over 50 original papers, and several books, including: *Families and Larger Systems* (1988), *Secrets in Families and Family Therapy* (1993), *The Secret Life of Families* (1998), *Rituals for Our Times* (1998), and *Rituals in Families and Family Therapy* (2003).

## Objectives

Participants will be able to:

- ◆ Describe a family systems perspective as it relates to medical illness.
- ◆ Describe the impact of medical illness on the naturally occurring rituals in the lives of couples and families.
- ◆ Identify and list ways to interview families regarding their naturally occurring rituals.
- ◆ Describe the elements of ritual design and the four major types of ritual, and how to use these with families coping with both chronic and life-shortening medical illness.

## Timetable

- 7:30a Registration and continental breakfast
- 8:30 Intro: The Impact of Traumatic Events  
The Interaction of Family Relationships and Chronic and Life-Shortening Illness  
Family Illness Beliefs
- 10:00 Break
- 10:15 Rituals: An Overview  
Video of a Single Parent family with a child with Type 1 Diabetes (rituals and secrets)
- 12n Lunch (included)
- 1:00p Couple and Family Interviewing in Family Therapy when Illness Pertains  
Four Types of Rituals  
Video of a family with a mother with Sickle Cell Anemia and an anxious child (rituals and secrets using a child's ritual)
- 2:30 Break

2:45 Couple Therapy and a Life-Shortening Illness  
Video of a couple coping with end stage cancer (rituals and secrets)

4:00 Evaluation and Adjourment

## Intended Audience

This program is intended for nurses, social workers, psychologists, clergy, counselors, hospice staff, physicians, nursing home, hospital and home care employees, funeral home and emergency personnel, educators, physical and occupational therapists, art therapists, marriage and family therapists, students and volunteers.

## CE & Other Information

This program is designed to meet the Minnesota Board of Nursing continuing education requirements for 7.2 contact hours for RNs and LPNs, and 6 CEH's for MN Funeral Home Personnel. Application has been approved for 6.5 credits for MN Social Workers, and application has been made for 6 credits from the Minnesota licensing boards for Psychologists, Licensed Professional Counselors and Marriage and Family Therapists. For more CE info, call Ben Wolfe, St. Mary's Grief Support Center, Duluth, 218-786-4402.

Fee includes breaks, lunch and materials. Parking is free. **Directions:** Contact the Crowne Plaza Minneapolis North at 763-566-8000 or [www.minneapolisnorthhotel.com](http://www.minneapolisnorthhotel.com).

*Bring your handouts related to grief and loss for a free resource table. Also, please bring your used books related to death and dying to donate for our Annual MCDES Used Book Fair to benefit MCDES conference scholarships.*

**MCDES—Minnesota Coalition for Death Education and Support** ◆ [www.mcdes.org](http://www.mcdes.org)

Founded in 1977, MCDES is a nonprofit 501(c)3 volunteer organization whose purpose is to promote and provide education, opportunities for networking, and support to individuals and groups involved with the care of persons confronting death and their families and friends, and those who are bereaved, regardless of the cause of death.