

Registration Form

ONLINE registration at www.mcdes.org

Addiction & Grief—Friday, May 4, 2018

Name _____

Address _____

City _____ State _____ Zip _____

Phone (day) _____

Email _____

Conference handouts will be sent, via email, 3 days prior to the conference. If no email address is provided, an additional \$15 will be charged for a print version of the materials (see below). Confirmation sent if email address provided.

Postmarked on or **BEFORE** April 27, 2018

Current MCDES Members

\$115 per person \$95 students/adults over 55

Non-MCDES Members **

\$140 per person \$115 students/adults over 55

Postmarked **AFTER** April 27, 2018

Current MCDES Members

\$135 per person \$115 students/adults over 55

Non-MCDES Members **

\$170 per person \$145 students/adults over 55

This fee provides you with a one-year MCDES membership **ONLY IF you check the box below.

Yes, I would like to be a MCDES member.

I prefer a vegetarian meal. Yes No

\$15 additional fee for print version of conference materials, which will be available at the conference.

Limited scholarships are available. Info: www.mcdes.org.

TOTAL AMOUNT enclosed: \$ _____

Make checks payable to "MCDES" and send with registration form to: **Verla Johansson—MCDES**
29937 S. Nicaboyn Lake Rd, Webb Lake, WI 54830.

Questions: info@mcdes.org or 715-259-3219

Cancellations/Refunds: Full refund less a \$25 processing fee provided you cancel 72 hours prior to the date of the program. Fee is nonrefundable after May 1. If you fail to attend without canceling, you will be assessed the full program fee. You may transfer your registration to another person without charge at any time.



Minnesota Coalition for
Death Education and Support
P.O. Box 50651
Twin Cities, MN 55405

Friday, May 4, 2018
MCDES Spring Conference

**Why & How We Get Hooked &
What We Can Do About It: The
Intersection of Addiction & Grief**

A special program with



Serena King, Ph.D.

Professor, Psychology Department, Hamline University

**Why & How We Get Hooked &
What We Can Do About It: The
Intersection of Addiction & Grief**

Friday, May 4, 2018

8:30 a.m. to 4 p.m.

Doubletree by Hilton Minneapolis North

2200 Freeway Blvd., Brooklyn Center

(694 and Shingle Creek Parkway)

763-566-8000 or

<http://doubletree3.hilton.com/en/hotels/minnesota/doubletree-by-hilton-hotel-minneapolis-north-MSPNODT/index.html>



sponsored by
MCDES

Minnesota Coalition for
Death Education and Support
www.mcdes.org

About the Program

In this presentation, Dr. King introduces participants to the field of addiction science and discusses the principles behind addiction and what makes some individuals more likely to become hooked on food, drugs, gambling and other “pleasures.” Why are addictions considered a factor when assessing an individual’s risk for complicated grieving? How have addiction researchers, scientists and therapists helped grieving individuals and their families make behavior changes through methods of bio-psychosocial interventions? This conference will address these questions and more.

Serena King, Ph.D., is Associate Professor of Psychology. She is a clinical psychologist and received her Ph.D. and M.A. in clinical psychology from the University of Minnesota-Twin Cities and her undergraduate degree in psychology with honors from the University of Michigan-Dearborn. Serena has a record of published research in the area of addiction (substance use disorders and gambling addiction) and also has scientific and teaching interests in deviant, acting out behaviors (behavioral impulsivity). She received a funded grant from the National Center for Responsible Gambling to examine a large scale twin study of gambling behavior. Her research interests include addiction and psychological interventions for gambling addiction and chronic health issues. Serena maintains an active research program looking at populations at risk for and suffering from addiction, physical and psychological health issues.

Serena has helped establish an ongoing relationship with Hazelden’s Graduate School of Addiction Studies and the Hamline Psychology Department and has been faculty mentor of Psi Chi, Hamline’s branch of the National Honor Society in Psychology. Serena has clinical experience working in a variety of hospitals, clinics, and private practices. She has mentored a variety of honors projects and collaborative research proposals. She has plans to expand her research work to examine risk factors, patterns and interventions for addiction and other chronic physical health issues.

Ted Bowman, MDiv, is an educator, author and consultant who specializes in change and transition, whether it occurs in families, an organization, or the community. His emphasis is on aiding people in utilizing their strengths and the resources of others in facing change and transition. Ted has published more than 90 articles, chapters, booklets, and poems. He was a board member of MCDES from 1997 to 2012 and served in many capacities.

Objectives

Participants will be able to:

- ◆ Define “addiction” and describe the new information brain science has revealed about it.
- ◆ Describe why and how addiction can be a risk factor that complicates grieving.
- ◆ Describe therapeutic approaches that health care and mental health professionals can use with clients who are dealing with addiction and grief.
- ◆ Describe at least one ethical issue that relates specifically to the intersection of addiction and grief.

Timetable

7:30a	Registration and continental breakfast
8:30	Welcome and Ritual
8:45	The Origins of Addiction: Brain, Genes, Environment, & Trauma
10:00	Break
10:15	The Bi-Directional Relationship Between Addiction & Grief
12n	Lunch (included)
1:00p	A Personal Story of Addiction-Related Loss (Ted Bowman)
1:30	Addiction & Implications for Bereavement Support in Clinical Practice (facilitated discussion)
2:30	Break
2:45	Prevention, Assessment & Treatment of Addiction: Bio-Psychosocial Approaches
4:00	Evaluation and Adjourment

Intended Audience

This program is intended for nurses, social workers, psychologists, clergy, counselors, hospice staff, physicians, nursing home, hospital and home care employees, funeral home and emergency personnel, educators, physical and occupational therapists, art therapists, marriage and family therapists, students and volunteers.

CE Information

This program is designed to meet the Minnesota Board of Nursing continuing education requirements for 6 contact hours for RNs and LPNs. Application *has been approved* for 6.5 credits for MN Social Workers, and application has been made for 6 credits from the Minnesota licensing boards for Psychologists, Licensed Professional Counselors, Marriage and Family Therapists, and MN Funeral Home Personnel. For more CE information, call Ben Wolfe, MCDES Chair, 218- 310-1340.

Other Information

- ◆ Fee includes breaks, lunch, materials and parking. **Note additional \$15 materials fee (see registration form) for those not providing an email address.**
- ◆ **Note:** Registration limit is 175 attendees.
- ◆ **Directions:** 763-566-8000 or <http://doubletree3.hilton.com/en/hotels/minnesota/doubletree-by-hilton-hotel-minneapolis-north-MSPNODT/index.html>.
- ◆ Bring your handouts related to grief and loss for a free resource table.

MCDES—Minnesota Coalition for Death Education and Support ◆ www.mcdes.org

Founded in 1977, MCDES is a nonprofit 501(c)3 volunteer organization whose purpose is to promote and provide education, opportunities for networking, and support to individuals and groups involved with the care of persons confronting death and their families and friends, and those who are bereaved, regardless of the cause of death.