

Registration Form

ONLINE registration at [www.mcdes.org](http://www.mcdes.org)

**Living with Grief—Friday, Oct. 4, 2019**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (day) \_\_\_\_\_

Email \_\_\_\_\_

*Conference handouts will be sent, via email, 3 days prior to the conference. If no email address is provided, an additional \$15 will be charged for a print version of the materials (see below). Confirmation sent if email address provided.*

Postmarked on or **BEFORE** Sept 27, 2019

**Current** MCDES Members

\$115 per person  \$95 students/adults over 55

**Non-MCDES** Members \*\*

\$140 per person  \$115 students/adults over 55

Postmarked **AFTER** Sept 27, 2019

**Current** MCDES Members

\$135 per person  \$115 students/adults over 55

**Non-MCDES** Members \*\*

\$170 per person  \$145 students/adults over 55

\*\*This fee provides you with a one-year MCDES membership **ONLY IF** you check the box below.

Yes, I would like to be a MCDES member.

I prefer a vegetarian meal.  Yes  No

\$15 additional fee for print version of conference materials, which will be available at the conference.

Limited scholarships are available. Info: [www.mcdes.org](http://www.mcdes.org).

**TOTAL AMOUNT** enclosed: \$ \_\_\_\_\_

Make checks payable to “MCDES” and send with registration form to: **Verla Johansson—MCDES**

29937 S. Nicaboyme Lake Rd, Webb Lake, WI 54830.

**Questions:** [info@mcdes.org](mailto:info@mcdes.org) or 715-733-0265

**Cancellations/Refunds:** Full refund less a \$25 processing fee provided you cancel 72 hours prior to the date of the program. Fee is nonrefundable after September 30. If you fail to attend without canceling, you will be assessed the full program fee. You may transfer your registration to another person without charge at any time.

Nonprofit Org.  
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Twin Cities, MN



Minnesota Coalition for  
Death Education and Support  
P.O. Box 50651  
Twin Cities, MN 55405

**Friday, October 4, 2019**  
**MCDES Spring Conference**

**Living with Grief in the  
Aftermath of Natural and/or  
Human Caused Tragedy**

A special program with



**Kenneth J Doka, PhD**

Professor Gerontology

Graduate School of The College of New Rochelle

**Living with Grief in the  
Aftermath of Natural and/or  
Human Caused Tragedy**

**Friday, October 4, 2019**

**8:30 a.m. to 4 p.m.**

**Radisson, Brooklyn Center**

2200 Freeway Blvd., Brooklyn Center  
(694 and Shingle Creek Parkway)

763-566-8000

[www.radisson.com/brooklyn-center-hotel-mn-55430/usabcmm](http://www.radisson.com/brooklyn-center-hotel-mn-55430/usabcmm)



sponsored by  
**MCDES**  
Minnesota Coalition for  
Death Education and Support  
[www.mcdes.org](http://www.mcdes.org)

## About the Program

This program is designed to assist health care and mental health professionals in knowing effective ways to respond to public tragedies and disasters—whether the result of natural disasters such as earthquakes, hurricanes, or tornadoes, horrific accidents, or malevolent events such as random shootings or terrorist attacks. Participants can learn the impact of such factors on individuals and communities and can find effective ways to partner with other organizations in preparing responses to such events as well as to consider preventive plans should disaster strike their community.

**Kenneth J Doka, PhD**, is a Professor of Gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. Dr. Doka was elected President of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998 and Significant Contributions to the Field of Thanatology in 2014. In 2000 Scott and White presented him an award for Outstanding Contributions to Thanatology and Hospice. His Alma Mater Concordia College presented him with their first Distinguished Alumnus Award. He is a recipient of the Caring Hands Award as well as the Dr. Robert Fulton CDEB Founder's Award. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York State's first licensure of counselors. He has published numerous books, and is the editor of both *Omega: The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*. His website is [www.drkendoka.com](http://www.drkendoka.com).

## Objectives

Participants will be able to:

- ◆ Identify 10 factors that influence public perception of a tragedy.
- ◆ Describe common reactions that affected individuals may have in response to a public tragedy, noting ways that such events may complicate grief.
- ◆ Describe possible reactions that first responders and counselors may have to such events, differentiating secondary and vicarious traumatization.
- ◆ Describe interventive strategies/techniques that can be used with these populations.
- ◆ Describe principles of self-care, noting both individual and organizational strategies.
- ◆ Describe the ways communities respond to public tragedy.
- ◆ Describe the importance of ritual and memorialization and discuss ways to make such rituals more effective.
- ◆ Describe the roles of governmental and nongovernmental agencies in public tragedies, and community crises.
- ◆ Describe three ways that mental health organizations, grief centers, and hospice can be a resource for communities in a public tragedy.

## Timetable

- 7:30a **Registration and continental breakfast**
- 8:30 **Welcome and Introductions**
- 8:40 **Introduction**
- ◆ The Nature of Public Tragedies
  - ◆ Factors Influencing Public Tragedy
- 10:00 **Break**
- 10:15 **Individual Reactions to Public Tragedies**
- ◆ Individual Victims and Family
  - ◆ First Responders
  - ◆ Counselors and Vicarious and Secondary Traumatization
  - ◆ Community Responses
- 12n **Lunch (included)**

- 1:00p **Interventive Strategies and Techniques**
- ◆ Counseling Approaches
  - ◆ Ritual and Memorialization
- 2:30 **Break**
- 2:45 **Agencies Responding to Tragedies**
- ◆ Governmental Agencies
  - ◆ Nongovernmental Agencies
- 4:00 **Evaluation and Adjourment**

## Intended Audience

This program is intended for nurses, social workers, psychologists, clergy, chaplains, counselors, hospice staff, physicians, nursing home, hospital and home care employees, funeral home and emergency personnel, educators, physical and occupational therapists, art therapists, marriage and family therapists, students and volunteers.

## CE Information

This program is designed to meet the Minnesota Board of Nursing continuing education requirements for 6 contact hours for RNs and LPNs. It has been approved for 6.5 credits from the MN Board of Social Work. Application has been made for 6 credits from the Minnesota licensing boards for Psychologists, Licensed Professional Counselors, Marriage and Family Therapists, and MN Funeral Home Personnel. For more CE information, call Florence Wright, MCDES Vice Chair, 651-241-4407.

## Other Information

- ◆ Fee includes breaks, lunch, materials and parking.
- ◆ Registration limit is 175 attendees.
- ◆ **Directions:** 763-566-8000, [www.radisson.com](http://www.radisson.com).
- ◆ Bring your handouts related to grief and loss for a free resource table.

### Minnesota Coalition for Death Education and Support

MCDES is a nonprofit 501(c)3 volunteer organization whose purpose is to promote and provide education, opportunities for networking, and support to individuals and groups involved with the care of persons confronting death and their families and friends, and those who are bereaved, regardless of the cause of death.