



Phyllis Kosminsky, PhD

MCDES Spring 2023 Virtual Conference

When: Friday, May 5, 2023

Speaker: Phyllis Kosminsky, PhD, LCSW, FT
Adjust Professor of Social Work
Fordham University

Title: *Attachment Informed Grief Therapy: Interventions to Create Safety, Strengthen Self Capacities and Promote Re-engagement*

Phyllis Kosminsky is a clinical social worker in private practice in Westchester, New York, and at the Center for Hope in Darien, Connecticut, where her work focuses on grief, loss and trauma. She received her Master's Degree in Social Work from Columbia University and her Ph.D. in Social Welfare from Brandeis University. She is a certified provider of EMDR and has extensive training in hypnotherapy as an adjunctive psychotherapy technique. Dr. Kosminsky has conducted hundreds of training sessions for mental health professionals nationally and internationally in the treatment of normal and complicated grief and is a regular presenter at national and international conferences. Her publications include journal articles, book chapters, and the book *Getting Back to Life When Grief Won't Heal* (McGraw Hill, 2007) Her book with John R. Jordan, *Attachment Informed Grief Therapy: The Clinician's Guide to Foundations and Applications* was published by Routledge in 2016. Dr. Kosminsky is an adjunct Professor of Social Work at Fordham University, a Past President of the Association for Death Education and Counseling, and a member of the International Work Group on Grief, Bereavement and Loss.

Conference brochures and online registration (www.mcdes.org) will be available in March, 2023. CEU's will be available for professionals in Psychology, Marriage and Family Therapy, Social Work, Behavior Health and Therapy, and MN Nurses.